

City of York Council Long Term Commissioning Strategy for Older People 2006-21

2010 Refresh

Appendix 1 – updated tables for needs analysis

UPDATE on Table 1 Population projections for over 65's 2009 – 2029

Information taken from York JSNA 2010

All Ages	ONS 2008 mid year estimate	Projected populations ⁱ			
	2009	2014	2019	2029	
	197,500	209,400	219,400	239,300	
65-69	8,400	10,800	9,900	11,900	
70-74	7,900	8,000	10,300	9,900	
75-79	6,500	7,100	7,300	8,800	
80-84	5,100	5,300	6,000	8,300	
85-89	3,400	3,500	3,900	5,000	
90+	1,400	2,100	2,500	4,100	
Total	32,700	36,800	39,900	46,000	

These projections remain in line with, but are slightly higher than our earlier projections of 40,000 people over the age of 65 by 2020.

Overall the population of York is expected to increase from a baseline in 2009 by 6% by 2014, rising to nearly 11% in 2019. Within that period there will be increases by 30% in the 70-74 years and 33% in the 85+ year's age group. The increase in older people will have a significant impact on public services for this age group and for carers within the community. However, it is important to recognise that the projected increase is lower than that expected for region and nationally

NEW Table 2 Projections of over 65's living alone in York

POPPI provides us with new information about the numbers living alone, based on the percentages in the National Household survey 2007.

Age and gender	2010	2015	2020	2025	2030
Male 65-74	1,540	1,820	1,940	1,920	2,120
Male over 75	2,278	2,584	2,992	3,638	4,046
Female 65-74	2,640	3,030	3,150	3,120	3,480
Female over75	6,161	6,588	7,137	8,418	9,089
Total 65- 74	4,180	4,850	5,090	5,040	5,600
Total over 75	8,439	9,172	10,129	12,056	13,135

POPPI 12/11/10

Those living alone are more vulnerable to social isolation and are less likely to have informal carers

UPDATE Table 3 Breakdown of BME residents in York over 65

POPPI uses experimental data from ONS 2007 mid year estimates

	People aged 65-74	People aged 75-84
White	15,737	11,460
Mixed Ethnicity	35	14
Asian or Asian British	94	19
Black or Black British	18	5
Chinese or Other Ethnic Group	46	12
All people	15,929	11,511

POPPI 12/11/10

Our JSNA also uses this source, but only gives data for the whole population. It also highlights that in February 2010 the Joseph Rowntree Foundation published the results of research into rapidly changing minority ethnic populations in York which suggested that York's population is much more ethnically diverse than is often supposed¹. The researchers identified 78 different first languages within the city and estimated that the minority ethnic population (all groups other than White British) in 2009 could be as high as 11% of the total.

It is not possible to give the exact numbers of gypsies and travellers in York, partly due to mobility. The Department of Communities and Local Government operated a bi-annual caravan counting system, and this estimated a total of 111 caravans in the York area in January 2008¹. This is estimated to correspond to around 390 travellers living in caravans in York at that time.

UPDATE Table 4 Breakdown of older people's tenure in York

Tenure	People aged 65-74	People aged 75-84	People aged 85 and over
Owned	82.17%	74.22%	65.43%
Rented from council	9.90%	13.46%	14.36%
Other social rented	4.60%	7.03%	10.62%
Private rented or living rent free	3.34%	5.29%	9.59%

POPPI 12/11/10

This uses the same information as our 2006 document but provides more details of the age breakdown, and shows that the implications of a high number of owner occupiers will grow over the coming 15 years.

Health conditions
UPDATE Table 5 Estimated prevalence of Dementia

Age Group	2010	2015	2020	2025	2030
65-69	107	137	122	132	150
70-74	215	223	284	257	276
75-79	394	423	445	568	508
80-84	613	657	728	785	1,010
85+	1,172	1,326	1,571	1,890	2,205
Total	2,500	2,767	3,149	3,631	4,148

POPPI 12/11/10

This new information suggests the numbers of people living with dementia will be higher than estimated in 2006, confirming the importance of developing new approaches and support for dementia sufferers and their carers.

UPDATE Table 6 Estimated prevalence of rates of clinical depression

Age group	2010	2015	2020	2025	2030
65-69	728	929	823	895	1,023
70-74	657	680	861	776	835
75-79	573	617	645	822	734
80-84	480	518	575	622	802
Over 85	459	513	599	718	832
Total	2,897	3,256	3,503	3,834	4,225

POPPI 12/11/10

NEW Table 7 Estimated prevalence of serious depression

Age Group	2010	2015	2020	2025	2030
65-69	218	275	245	265	303
70-74	126	131	168	150	163
75-79	231	252	263	340	308

80-84	153	162	183	198	255
85+	195	222	265	316	371
Total	923	1,043	1,124	1,269	1,399

POPPI 12/11/10

UPDATE Table 8 Estimated number of over 65's experiencing at least 1 fall

Age Group	2010	2015	2020	2025	2030
65-69	1,773	2,265	2,014	2,183	2,493
70 -74	1,881	1,948	2,465	2,223	2,391
75-79	1,569	1,688	1,772	2,259	2,021
80-84	1,671	1,798	1,993	2,154	2,773
85+	2,150	2,451	2,924	3,526	4,128
Total	9,044	10,150	11,168	12,345	13,806

POPPI 12/11/10

NEW Table 9 Estimated hospital admissions due to a fall

Age and gender	2010	2015	2020	2025	2030
65-74	45	57	51	55	63
Over 75	73	75	97	86	94
Total	615	673	751	898	986

POPPI 12/11/10

NEW Table 10 Estimated number of people living with a life limiting illness

Age and gender	2010	2015	2020	2025	2030
65-74	6,258	7,238	7,653	7,540	8,407
75 -84	6,093	6,562	7,082	8,488	9,009
Over 85	2,816	3,210	3,830	4,562	5,350
Total	15,167	17,010	18,565	20,590	22,766

POPPI 12/11/10

NEW Table 11 Numbers estimated to be living with a visual impairment

Age	2010	2015	2020	2025	2030
65-74	930	1,075	1,137	1,120	1,249
75+	2,071	2,269	2,530	3,026	3,323
Total	1,069	1,171	1,306	1,562	1,715

POPPI 12/11/10

NEW Table 12 Numbers living with a moderate or severe hearing impairment

Age	2010	2015	2020	2025	2030
65-74	3,137	3,660	3,859	3,820	4,237
74-85	7,342	7,899	8,516	10,129	10,686
Over 85	4,244	4,839	5,773	6,962	8,151
Total	14,723	16,397	18,148	20,911	23,073

POPPI 12/11/10

NEW Table 13 Estimated numbers unable to undertake at least one mobility activity unaided

Age	2010	2015	2020	2025	2030
65-69	733	937	834	903	1,031
70-74	1,048	1,084	1,370	1,234	1,328
75-79	1,137	1,224	1,281	1,632	1,458
80-84	1,248	1,331	1,472	1,584	2,036
85+	2,260	2,550	3,010	3,620	4,215
Total	6,426	7,126	7,967	8,973	10,068

POPPI 12/11/10

Activities include: going out of doors and walking down the road; getting up and down stairs; getting around the house on the level; getting to the toilet;

getting in and out of bed. These are all activities that would indicate someone might need support either from an informal carer or from social care services.